

Wear Pyjamas To Work !

Help raise awareness for those living constrained by Severe M.E. Donate £2 and show solidarity with a forgotten community.

BED FOR SEVERE ME

29TH OCT 2025

No treatment. No NHS protocol. No cure.
Let's change that, together.

Whether you live with Severe M.E. or support someone who does, create or join a PJ party and mingle with others showing solidarity across the UK and wider world!



FUNDRAISING LINK



mefoggydog.org

[#BEDFORSEVEREME](https://twitter.com/BEDFORSEVEREME)