

BED FOR SEVERE ME

FUNDRAISING LINK



Wear your favourite
pyjamas, snap a
photo, and post it to
your socials using
#BedForSevereME



29th October 2025 Save the Date
#BEDFORSEVEREME

Whether you live with Severe M.E. or support someone who does, join the online PJ party and mingle with others showing solidarity across the UK and wider world!

Let's raise awareness, share stories, and make some noise for better care.

mefoggydog.org

